

Connected

Confident Parenting in a Digital Age



Power up your parenting for the online generation

The internet has revolutionised the way that we live our lives. From smartphones to social media, digital technology allows young people to develop life skills and build connections in ways that were never previously possible.

Despite this, parents can feel out of touch with their children's online habits. Many are concerned about how to protect their children from online bullying, pornography and the pressure of the selfie culture; not to mention worries over the sheer amount of time spent on screens.

But as well as the challenges there are advantages - the internet can be used as a tool for good within families. Embracing the positive aspects of digital life together can help parents build a close connection with their children and enable them to thrive.

At *Connected – Confident Parenting in a Digital Age*, speakers Katharine Hill and Philip Jinadu will provide parents with perception-shifting insights into today's increasingly digital world.



You'll come away with loads of practical tips on how to guide your family through the highs and lows of the digital world, including:

- How to positively engage with your children's digital habits
- The impact of the most popular social media tools
- Managing screen time
- Ways to nurture online resilience within your family.

Join Katharine and Philip as they discuss the impact of the digital world on parenting, including:

- **Being digitally native**

The effects of growing up in an online-obsessed world

- **The social revolution**

Understand how social media has redefined how we connect

- **Selfies and self-worth**

Empower your child to feel confident in their own skin

- **Dangers of digital**

The challenges online and what your family can do to overcome them

- **Safeguard your family**

Remain resilient while embracing all the opportunities of the digital world.



Katharine Hill

Katharine Hill is UK Director of Care for the Family. She is a well-known speaker, broadcaster and author. Her recent book, *Left to Their Own Devices? - Confident Parenting in a World of Screens*, explores the impact of the digital world. She is married to Richard and they have four grown-up children.

Philip Jinadu

Philip Jinadu leads Metro Church in Bristol city centre. He is a popular conference and event speaker and is regularly asked to cover the themes of marriage, parenting and identity. He is married to Kate and they have two grown-up daughters.

Event Tour 2018

Tonbridge

Tuesday 5 June

Tonbridge Baptist Church, TN10 3HZ

Wimbledon

Wednesday 6 June

Everyday Church, SW19 8LR

Cambridge

Thursday 7 June

C3 Centre, CB1 3HR

Chester

Tuesday 12 June

!Audacious Church Chester, CH1 4QJ

Manchester

Wednesday 13 June

!Audacious Church Manchester, M3 7BD

Leeds

Thursday 14 June

Bridge Community Church, LS9 7BQ

To book

cff.org.uk/connected

029 2081 0800

Tickets

1-3 tickets - **£6** each

4 or more tickets - **£5** each

On the door - **£7** each

Special Partner rate - **£4** each

Time

7.30 pm – 10.00 pm

(doors open at 6.45 pm)



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Please note that we don't have the facilities to accommodate babies and young children at this event.

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